



Shivaratri Celebration

25 – 26 February

Tuesday

2.00pm	Arrive
5.30	Raam Chanting
6.00	Dinner
8.00	Bhajan & Kirtan
11.30	Havan & 1008 Om Namah Shivaya

Wednesday

6.30am	Morning Class
7.30	Morning Chanting
8.00	Breakfast
8.30 – 9.00	Karma Yoga
10.30	Origins of Yoga & Pashupata Yoga
11.30	Morning Tea
12.00	Yoga Nidra
12.30pm	Lunch

Hari Om Tat Sat